

### Information about SHSC



The screenshot shows the website homepage with the following elements:

- Top left: Sheffield City Council logo.
- Top right: Accessibility | Email to a Friend | Print Page | Sitemap.
- Center: Search bar and Sheffield Health and Social Care NHS Foundation Trust logo.
- Navigation menu: Home, About Us, Patients & Carers, Our Services, News & Events, Working For The Trust, Training & Courses, Contact Us, Staff Area.
- Main content area: A large banner image with a green overlay containing the text "SHSC Compliance Statements" and a sub-header "View SHSC's various statements of compliance, including Delivering Same Sex Accommodation, Infection Control, and Safeguarding Adults and Children".
- Below the banner: A "Welcome to Sheffield Health and Social Care" section with a "Welcome To SHSC" heading and a paragraph: "Welcome to the website of Sheffield Health & Social Care NHS Foundation Trust. SHSC has an excellent reputation for providing high quality services to people within our care." To the right is a "I Need Help" section with a keyboard image showing a red "HELP" key.

We are the main provider of a wide range of specialist health and social care services to individuals and their carers or families in Sheffield.

We provide:

- Mental health services for adults and older people
- Services for people with learning disabilities
- Services for people with drug and alcohol problems
- A wide range of other specialist services, such as for people accessing maternal mental health, gender dysphoria services and psychology for people with physical health problems.

We also provide a full range of services at sites where people live. These services aim to provide care and treatment to individuals and their families and help people to maintain their independence and continue with their day-to-day lives as far as possible. We provide a range of in-patient and residential services for individuals who cannot be appropriately helped in a community-based setting. Within our learning disability services we work closely with a large number of supported living settings/residential care homes in partnership with housing associations. Many of the people we help are seen in their own homes by members of staff, and some people attend our clinics to see nurses, social workers, therapists or doctors. We provide treatment, care and help on an individual or group basis where support and guidance is provided.

We also work alongside GPs and other staff in local health centres, or with staff from other organisations often in the voluntary sector.

We often see people for short periods of time, providing advice and treatment which helps resolve the person's problems. For people with more serious longer term difficulties we will support them and work with them for a number of years.

As a Foundation Trust we work in partnership with Sheffield City Council and have formal agreements with them, called a section 75 agreement, to provide a range of social care services on the Council's behalf. Through these arrangements, we have made good progress in developing 'integrated' services for the people of Sheffield - an important goal that is shared by ourselves and the City Council.

We have placed great importance on working with other organisations to deliver integrated health and social care services to local people. In doing this we have aimed to reflect and provide for the diverse needs of the people and communities of Sheffield.

### **Working for the Trust**

We were one of the first Care Trusts in the country, the first in South Yorkshire and home to dedicated professionals who are committed to delivering innovative and pioneering methods of care.

Our aim is to improve the health, wellbeing, mental health and social inclusion of the people of Sheffield. We are focussed on breaking down the traditional barriers between health and social care systems and working towards improving the quality of services provided to people with mental health needs living in the city.

We offer the full range of specialist adult and older people's services, including psychology and therapy services and specialist learning disability mental health services. We're also further developing our close working relationship with other agencies providing mental health services in Sheffield. The great thing about Health & Social Care Trusts like ours is that they are a 'one-stop shop' that can deal with all service users health and social care needs.

Working in partnership with a vast number of people - from service users and carers to staff; from the City Council, primary care, voluntary and community organisations to universities and other health and social care services - we're active in the fields of research, education and teaching, ensuring a skilled, supported and motivated workforce is in operation. What's more, as a major employer in the city, we actively seek to assist social regeneration.

### **IAPT - Who we are & what we do**

We are Improving Access to Psychological Therapies. Our aim is to provide psychological treatments, sometimes called talking treatments, to help people who are stressed, be that feeling low in mood (depressed) or very nervous (anxiety).

The treatments we offer are in line with the NICE guidelines for [anxiety](#) and [depression](#).

We have three types of workers:

- [Psychological Wellbeing Practitioners](#)
- [Cognitive Behavioural Therapists](#)
- [Counsellors](#)

All of our workers are trained and their work regularly supervised.

We try to offer our service in different ways to suit different people, e.g. online treatments, large Stress Control evening classes, small workshops, telephone treatment, as well as more standard face to face treatment.

Our treatments are available through all the GPs in Sheffield, a range of voluntary sector organisations and for some you can book yourself in directly, online or by phone.

We are part of Sheffield Health and Social Care NHS Foundation Trust and we adhere to NHS standards for clinical care, record keeping and [confidentiality](#).

### **The Clover Group Practice**

The Practice formed in 2011 through the merger of four established GP practices, Darnall Community Health, Highgate Surgery, Jordanthorpe Health Centre and The Mulberry Practice.

The practice has over 15000 patient and consists of four lively GP sites, with a dedicated team of GPs, Nurses and other health care professionals committed to delivering patient centred care.

We are dedicated to training and education and provide placements for medical students and administrative apprentices. We also provide training opportunities for our own staff and encourage all our administrative and reception staff to complete a Customer Care NVQ.

We want to work closely with our patients to create the best possible service. We have an active Patient Group with over 70 members, many of whom volunteer and attend meetings at the practices with the managers and clinical staff.

### **SCAIS**

Sheffield Community Access and Interpreting Service (SCAIS) is an interpreting service that provides face-to-face interpreting, telephone interpreting, written translations and training.

Established in 1997, SCAIS started out as a small project. Our ongoing provision of first class services has enabled us to grow year-on-year to 29,000 requests in 2010/2011 to the NHS, private, statutory and voluntary sector.

We are a non-profit making NHS organisation who pride ourselves on supporting some of the most disadvantaged people in society to access services and gain the support and information they need throughout South Yorkshire and beyond.

SCAIS has face-to-face interpreters in over 80 languages and can provide written translation and telephone-based interpreting services in over 240 languages. With the introduction of a new database, telephone system and online booking facility, SCAIS has the capacity to provide a first class service to its users whether large or small.

### **Learning Disabilities**

Specialist services for adults with a learning disability in Sheffield are provided by the Joint Learning Disabilities Service. Both Sheffield City Council and Sheffield Health and Social Care NHS Foundation Trust provide these services as a single joint learning disabilities service. We are working to make sure that the vision people with learning disabilities and their family carers have for their lives, becomes a reality.

Further useful information about the Joint Learning Disabilities Service can be found on the Signpost Sheffield website at: [www.signpostsheffield.org.uk](http://www.signpostsheffield.org.uk)

More information about the services we offer is available in our service leaflet. Click on this link to download the [Joint Learning Disabilities Service leaflet](#).

***LDS Services we provide***

- [North and South Community Learning Disabilities Teams](#)
- [Case Register](#)
- [Older Carers Support Service](#)
- [Assessment and Treatment Unit \(ATU\)](#)
- [Improving Mental Wellbeing Team](#)
- [Community Assessment and Intensive Support Service \(CAISS Team\)](#)

**Provider Services**

- [Supported Living](#)
- [Registered Residential and Nursing Home Services](#)
- [Respite Services \(Short Breaks\)](#)
- Employment Services - information coming soon...

**Other Specialist Services**

- [Asperger Service](#)
- [Eating Disorders Service](#)
- [Perinatal Mental Health](#)
- [Electro-Convulsive Therapy](#)
- [Homeless Assessment & Support Team \(HAST\)](#)
- [Liaison Psychiatry](#)
- [Transcultural Team](#)
- [Sexual & Relationship, Sexual Medicine & Transgender Services](#)